

## Life Group Discussion Guide

### *Jehovah Shalom: The Lord is Peace*

September 17, 2017



#### **Starting Out:**

1. Quickly, have everyone list recent national, political, or weather issues that can cause turmoil in our lives.
2. Tell of a time when you had constant personal “drama.”

#### **Read:**

Commonly translated as “peace” and used as both a greeting and farewell, *shalom* has rich meaning in Hebrew. “Peace” is an accurate translation of the term, but *shalom* implies more than lack of conflict. According to Strong’s Exhaustive Concordance, *shalom* means “completeness, soundness, welfare, peace.” (from *Gotquestions.org*)

**Scripture:** Matthew 11:28-29;

Romans 8:5-6;

Isaiah 26:3

#### **Discussion:**

1. How do you respond to the following statements (from Max Lucado’s new book *Anxious for Nothing*):
  - a. “We live in the most anxious generation since anxiety was measured in the United States, which makes us the most anxious country on the planet.”
  - b. “The average high school student today has the same level of anxiety as the average psychiatric patient back in the 1950’s.”
2. What are ways to invite Jehovah Shalom to bring peace to your personal drama?
3. How do you habitually walk in peace?

#### **Prayer:**

1. Any answers to prayer last week?
2. How can we pray for each other this week?

#### **Fellowship:**

Eat! Laugh! Tell stories! Eat some more!